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1  
2 WHAT IS CLAIMED IS:  
3

4 1- In a method for producing a set of magnetic resonance  
5 three-dimensional image data, a preparation-acquisition-recovery  
6 pulse sequence cycle comprising the steps of:

P<sub>13</sub> 7 a- a magnetization preparation period in which a series of  
8 at least one of RF pulses, gradient field pulses, and  
9 time delays are applied to encode the desired contrast  
10 properties in the form of longitudinal magnetization,  
11

P<sub>13</sub> 12 b- a data acquisition period, said data acquisition period  
13 including at least two repetitions of a gradient echo  
14 sequence to acquire data for a fraction of k-space,  
15

P<sub>13</sub> 16 c- a magnetization recovery period which allows T1 and T2  
17 relaxation before the start of the next sequence cycle,  
18 and  
19

P<sub>13</sub> 20 d- repeating steps a, b and c until a predetermined  
21 k-space volume is sampled.  
22

23 2- The method of claim 1, wherein at least some of said RF  
24 pulses are spatially or chemically non-selective.  
25  
26

27 3- The method of claim 1, wherein at least some of the  
28 preparation-acquisition-recovery sequences cycles are initiated  
29 by a trigger signal, whereby said sequence is synchronized with  
30 an external temporal event.  
31

32 4- The method of claim 1, wherein said magnetization recovery  
33 period has a time of zero.  
34

1 5- The method of claim 1, wherein at least some of said RF  
2 pulses and/or gradient pulses applied during at least one of  
3 steps (a), (b), and (c) stabilize responses of the apparatus.

4  
5 6- The method of claim 1, wherein at least some of said RF  
6 pulses and/or gradient pulses applied during at least one of  
7 steps (a), (b), and (c) stabilize the magnetization system.

8  
9 7- The method of claim 5, wherein eddy currents are stabilized.

10  
11 8- The method of claim 6, wherein there is a stabilization of  
12 oscillations in signal strength.

13  
14 9- The method of claim 1, wherein more than one contrast  
15 property is encoded by the magnetization preparation step.

16  
17 10- The method of claim 1, wherein the duration of at least one  
18 step, of steps a, b, and/or c is constant.

19  
20 11- The method of claim 1, wherein the duration of at least one  
21 of steps a, b, and c, varies from sequence cycle to cycle.

22  
23 12- The method of claim 1, wherein at least some of said RF  
24 pulses are at least spatially or chemically selective.

25  
26 13- The method of claim 12 wherein at least some of said RF  
27 pulses are spatially and chemically selective.

28  
29 14- The method of claim 12 wherein at least some of said RF  
30 pulses of at least one of steps a, b, and c, are spatially selec-  
31 tive in at least two dimensions.

1 15- The method of claim 1, wherein said gradient-echo sequence  
2 employs at least one of gradient or RF spoiling whereby the ef-  
3 fects of residual transverse coherences are reduced or  
4 eliminated.

5  
6 16- The method of claim 1, wherein said gradient-echo sequence  
7 employs at least a partially rephased gradient structure.

8  
9 17- The method of claim 16 wherein said gradient-echo sequence  
10 employs a fully rephased gradient structure.

11  
12 18- The method of claim 1, wherein said gradient-echo sequence  
13 employs flip angles which are constant.

14  
15 19- The method of claim 1, wherein said gradient-echo sequence  
16 employs flip angles which vary within a given data acquisition  
17 period

18  
19 20- The method of claim 1, wherein said gradient-echo sequence  
20 employs flip angles which vary between data acquisition periods.

21  
22 21- The method of claim 1, wherein said gradient-echo sequence  
23 employs flip angles which vary both within and between data ac-  
24 quisition periods.

25  
26 22- The method of claim 1, wherein said gradient-echo sequence  
27 employs a repetition time which is constant.

28  
29 23- The method of claim 1, wherein said gradient-echo sequence  
30 employs a repetition time which varies within a given data ac-  
31 quisition period.

1 24- The method of claim 1, wherein said gradient-echo sequence  
2 employs a repetition time which varies between data acquisition  
3 periods.  
4  
5 25- The method of claim 25, wherein said gradient-echo sequence  
6 employs a repetition time which varies both within and between  
7 data acquisition periods.  
8  
9 26- The method of claim 1, wherein said gradient-echo sequence  
10 employs an echo time which is selected from the group consisting  
11 of constant, varying within a given data acquisition period,  
12 varying between data acquisition period, and varying both within  
13 and between data acquisition periods.  
14  
15 27- The method of claim 1, wherein said gradient-echo sequence  
16 employs a data sampling period which is constant, or which varies  
17 within a given data acquisition period, or which varies between  
18 data acquisition periods, or which varies both within and between  
19 data acquisition periods.  
20  
21 28- The method of claim 1, wherein said gradient-echo sequence  
22 employs one of symmetric sampling of the echo and asymmetric sam-  
23 pling of the echo thereby potentially acquiring only a half echo.  
24  
25 29- The method of claim 1, wherein said gradient-echo sequence  
26 acquires the signal in the presence of a single constant applied  
27 gradient, and the remaining spatial dimensions are phase-encoded.  
28  
29 30- The method of claim 1, wherein said gradient echo sequence  
30 acquires a plane, or a fraction of a plane, of k-space data each  
31 sequence cycle.  
32  
33  
34

1 31- The method of claim 1, wherein said k-space data collected  
2 by said gradient-echo sequence during a given sequence cycle is  
3 not contained in any plane.

4  
5 32- The method of claim 1, wherein the temporal order in which  
6 the k-space data is collected for each sequence cycle is deter-  
7 mined based on achieving selected properties in the image.

8  
9 33- The method of claim 1, wherein the temporal order in which  
10 the k-space data is collected for each sequence cycle is deter-  
11 mined based on achieving selected contrast properties in said  
12 image.

13  
14 34- The method of claim 1, wherein the temporal order in which  
15 the k-space data is collected for each sequence cycle is deter-  
16 mined based on achieving selected properties of the corresponding  
17 point spread function.

18  
19 35- The method of claim 1, wherein the temporal order of k-space  
20 data collection is fixed.

21  
22 36- The method of claim 1, wherein the temporal order of k-space  
23 data collection varies from sequence cycle to cycle.

24  
25 37- The method of claim 1, wherein said gradient-echo sequence  
26 acquires a fixed amount of k-space data during each sequence  
27 cycle.

28  
29 38- The method of claim 1, wherein said gradient-echo sequence  
30 acquires a varying amount of k-space data during each sequence  
31 cycle.

39- The method of claim 1, wherein said gradient-echo sequence acquires said data in the presence of at least two constant applied gradients, and any remaining spatial dimensions, employ phase encoding.

40- The method of claim 1, wherein said gradient-echo sequence acquires said data in the presence of from one to three time-varying applied gradients, and any remaining spatial dimensions employ phase encoding.

41- The method of claim 1, therein said gradient-echo sequence employs predetermined gradient waveforms to compensate in the sampled signal for phase shifts due to at least one of flow or motion.

42- The method of claim 41, wherein said compensations are specifically designed for at least one of velocity, acceleration and higher orders of motion.

43- The method of claim 1, wherein in step (b) there is employed data acquisition in the absence of any applied magnetic field gradients and from two to three spatial dimensions are encoded using phase-encoding, whereby, one dimension of the three or four dimensional data set contains chemical shift information.

44- The method of claim 1, wherein said time period employed for magnetization recovery is also employed for magnetization preparation.

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